

Premonition!

Take the breath – breathe in and out, gently –
Rejuvenation – self-ventilation –
“Move your tongue all over your mouth along your gums from top to bottom – touch the roof of your mouth with your tongue” – relax – do not spit! Swallow – swallow -

Drum! Drum! Drum!

Be human – be humble ... Continue to breathe the breath –
Navigate the balance! Life force ... free will –
Understand afro-maniacs, Slavocracy (government by slave owners) –
Who defines “being”? Who manipulates consciousness and time?
Who defines culture and beauty? Who created consciousness of guilt, flaws – tragic guilt and obsessional neurosis? Who ceded all power to one God? Monotheism –

Rhythm! Rhythm! Rhythm!

Comprehend “sterile abstract identity”, social amnesia and ‘unschooled intelligence’ - Historiography! History walks with us – Mystical! Our story-Your story! American, African, Black etc. etc...

Research! Research! Research! While the resources are accessible – increase the complexity of the mind – *DNA or no DNA – be human!

*Deoxyribonucleic acid.

It is said and debated that President Barack Hussein Obama is not the first black President of these United States; mentioned are the following seven:

John Hanson (a Moor) serving from 1781 – 1782, reflect on June 11, 1776 and November 15, 1777 and navigate March 1, 1781 with the adoption of The Articles of Confederation – who declared the 4th Thursday of every November to be Thanksgiving Day? Who?

3rd President - Thomas Jefferson serving 1801-1809 – Mother! Indian/Black – father defined as Mulatto;

7th President – Andrew Jackson serving 1829- 1837 – Mother! Irish – Father said to be Black;

16th President – Abraham Lincoln serving 1861 – 1865 – Mother! Ethiopian – his Father described as African American! Research! Research! Thomas Lincoln – “Abraham African – nus The First”.

My nephew Debo said “Search! Search”! And I concurred –

Drum! Drum! Drum! Stay with me – Navigate the course!

28th President – Warren Harding serving 1921-1923 stated “How should I know whether or not one of my ancestors might have jumped the fence?”

Stay with me! Rhythm! Rhythm!

29th President – Calvin Coolidge 1923-1925 – Mother’s maiden name “Moor” – Are “Moors” mixed?

33rd President – Dwight E. Eisenhower serving 1953 through 1961 Mixed Mother Ida Elizabeth Stover Eisenhower - *anti-war activist – Yes! She was.

Who perpetuates dry boarding, affixation and prisoners as war assets? Who?

Analyze politics of polarization and race! No pun intended –

Rhythm! Rhythm! Rhythm!

Return to the Light – Hug the Light! Truth is the basis for trust –

A friend said “many are comfortable with their bigotry”!

Be Human – Be Humble! Define your coming into “being” and “being in being” –

No Sham! No Drama! African genius permeates all life forms ...Luminous activity

– Hug the Light – your fire within – the atoms are rejuvenated – glow – bloom –

Drum! Drum! Drum!

Primordial – inside! Outside! Neuromelanin – Melanin!

Multidimensional – non Linear! I am Black! No obsessional neurosis –

Some chant Wosir/Osiris – Ogun – But!

I am the stick fighter transfixed on the restoration of mother earth, while resuscitating the art form –

Referred to as Muti in Haiti, Intonga in South Africa, “Creole Wood”/Bois, Negre Jardin – Batonnier – Carnival starboy in Trinidad and Tobago, Silambam in India, Jiu-Jitsu/Capoeira Angola in Brazil, Gotka/Asasa in Egypt, Kombatan Arnis in Philippine, Lathi Khela in Bangladesh, Donga/Sagenai in Ethiopia, Istunka in Somalia –

Critique the reality – subliminal voices are lifting up humanity – self affirmation –

The scramble continues -

Drum! Drum! Drum!

Elucidate “Being” – Transmute – Transmutation! Breathe the Breath –

African genius permeates all humanity – Primordial! Be upful, flexible, compassionate, tenacious, rooted and resolute – sociocracy (serving the equal interest of all) – universal common good!

Premonition!

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