OH! LOGISTICS!

Humbleness is the state of "Being"!

No organizational shiftiness – be perfect within the scope of limitations! Colonize mind/minds – Oh! Colonize mind/minds – colonized ethics – control your own behavior/behaviors and tendency/tendencies! Reflect – reframe – refocus! What if/if's! Consequences – Oh! Consequences and the "I" am responsible for the "Me" - action/actions!

Breathe the Breath one nostril at a time! Vibrate! Freedom is an art! Despotism! Oh! Despotism ... dissect the equation/equations - nothing new! Shadows of darkness - collaborators - surrogates - remnant and residue of Empire/Empires! Dominate this - condition that! Manipulate this subjugate that! The God factor - "Manifest Destiny" - Papal Bull! Oh! Alexander VI (6)! The heart pumps blood – vibratory! Breathe the breath! Romans had the island of Patmos – Greeks the isle of Lesbos – British exiled King Jaja/Jubo Jubogha of Opobo Nigeria to St. Vincent in 1887 and he was buried in the Canary Islands! Vladimir Lenin (1917-1924) waited until he was dying to point out the coming of Joseph Stalin (1924 -1953). The "I" Overstand that the Hebrews exiled people to the desert - Father Questing! Yes! Human Flaws cripple Nations! Breathe the Breath one nostril at a time! In liberation public and private are one and the same! You see something – take a stand and call it out – no organizational shiftiness – do not wait. Yes! Do not wait because many have bit the nipple/nipples that suckle! Critical consciousness fosters human educational development and discipline! Accountability - Oh! Accountability - nurture it! Be appraised – educate the people – no manipulating of consciousness! Mental frailty - Oh! Mental -embarrassment - ancestral evocation legacy! Slavocracy/enslavement – psychosis – stress- depression- torture protocols use of the wheel or rab rack – impacts the psyche! Controllable and uncontrollable variables – contextualize/scrutinize nuances: Apartheid in South Africa two minutes to disperse and Robben Island – Palestinians live under daily imposition and summary justice – British Guiana/Guyana there was Atkinson Air Force Base and colonized mind/minds - the riot squad, special branch, black clothes unit/units. Haiti Tonton Macoute/Tonton Makout – United States of America: Black sites, universal prison complexes/Gulags - Gitmo, Abu Ghraib, Contract this subcontract that! Breathe the Breath one Nostril at a time! Rhythm is Innate! Be appraised – Invisible hands: Nya women, Queen Isis, Queen Candace, Queen Maya, Nanny, Claudia Jones, Mama Freda, Nana Culley, Nya men: Akara/Accara,

Kofi, Jack Gladstone the son of Quamina, James Rodney, Nathaniel Jordan, Sam Sharpe, Paul Bogle, Uriaha Butler, Steve Biko, the struggle continues on all fronts universally! Seas of Human consciousness! No Fear! Breathe the Breath! If a cookie is missing from the cookie jar point it out – take action – do not wait until all the cookies are gone and the Nation and communities are impacted! Captions: Depress this – suppress that! Who said this – who said that? Speak your word!

Kongo Nation – Afrikan Nations – Indigenous Nations are High Nations – Rooted – Mystical!

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